



# Speak Up, Epping! Newsletter

Volume 12, Issue 3

Epping, New Hampshire

May-June 2019

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## Epping Community Theater

### Introducing ECT'S Spring Production - ALICE @ WONDERLAND

Epping Community Theater is proud to announce our second show at the all new Epping Playhouse. The first show of the 2019 season; ALICE @ WONDERLAND! will be on stage **May 10<sup>th</sup> - 19<sup>th</sup>**, Friday and Saturday nights at 7:30 pm and Saturday and Sunday matinees at 2:00 pm. Be sure to bring your mom one hour earlier on Mother's Day (**May 12<sup>th</sup>** at 1:00 pm) for tea with the Queen, a gift bag, and a free professional Alice themed photo with your mom!

Bouncing off our huge success this past winter with "A New Christmas Carol," we are excited to bring you this classic Lewis Carroll tale. Under the magical direction of Epping's "lovable Scrooge," Steven Koch, and joined by magnificent musical director Tim Goss, ALICE @ WONDERLAND will showcase the vibrant choreography brought to colorful life by Stephanie Hasselbeck. The show promises fun for all ages but take note: this is ALICE @ WONDERLAND not Alice In Wonderland! Oh, you will meet and recognize many of the beloved traditional characters, along with Alice who is too preoccupied with her cellphone to recognize her peril until she finds herself in Wonderland! Through song and dance she meets many colorful characters including an arrogant Egg who knows everything and Twins who are nothing alike, all while chasing the ever popular and elusive White Rabbit who is famously always "Late!"

## Sign-up for This Summer's Children's Theater Camp

Sign up now for this summer's Children's Theater Camp at the Epping Playhouse as space is limited! We will be holding two one-week full day theater camps for ages 8-13 the weeks of July 22<sup>nd</sup>-26<sup>th</sup> and July 29- August 2<sup>nd</sup>. Camp runs Monday-Friday with drop off from 8:30-9:00 am and pick-up from 4:30-5:00 pm. Each Friday will end in a 5:00 pm performance for friends and family from that week's campers! Come for one week or come for both, each will culminate in a different final performance.

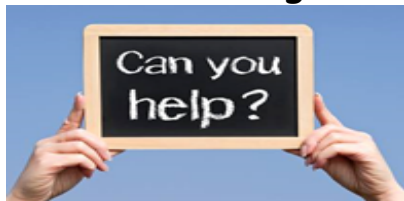
Days will be packed with fun theater games, vocal exercises, and lots of opportunities to perform! Kids will also have a chance at stagecraft as we build our own props and set for a final performance at the end of the week.

ECT's Children's Theater Camp will be run and directed at the expert hands of our beloved Katie Gifford with support by veteran theater teacher

Greg Dixon and Brian Miskinis. Cost will be \$225 per week. You can sign up through the Epping Recreation Department at [www.eppingrecreation.org](http://www.eppingrecreation.org) or you may email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) and we can send you the signup materials.

*Brian Miskinis, President, Board of Directors*

## End 68 Hours of Hunger - Epping



A BIG Thank you to our volunteers who help with all the packing and delivery of the food to the schools. We appreciate you so much! We are also very thankful to all who have made cash and food donations to keep our program going. We can't thank you enough for all of your support.

The Walmart Food Drive is just around the corner...thank you in advance to all who will be there to volunteer and to all who have helped in coordinating another great way to help all the hungry little bellies.

We are so thankful for our Epping Community. Our little town is amazing! We look forward to seeing you all at our upcoming events. More details to follow.

*Submitted by Eleni Maschas*

## Senior Moments

We Seniors were headed for one of our favorite tours as soon as we walked through the security doors of the NH Women's State Prison in Concord. Surrendering our purses for us ladies prior to the tour was a challenge though. When I talked to Warden Fortier on the phone, she gave me the names of the two guards who would be our guides. Must have been love at first sight because she decided to become our personal tour guide. Of course, we were always shadowed by a very capable female guard who answered frequent questions from the rear of the pack. After a long walk through the overwhelming maze of jail cells, dining areas, guard stations, etc., our last stop was the Canteen where the residents work, sell and share food and other supplies. After that hour of walking, that last jar of peanut butter on their shelf looked pretty good. Did you know you can make

taffy from Kool Aid? They do it (gonna get the recipe). Warden Fortier knew every inch of the Prison and was very proud of their operations. We learned that the biggest input into the design of the facility was from women. For women - right? Security was always #1 and most of the areas we were allowed to visit were quite comfortable. Well..... almost. We still enjoy talking about the Prison, so ask us anytime. Better yet, take the tour.

A new lunch venue was the Saddle-Up Saloon in Kingston. You gotta try it. There were 22 of us savoring the endless menu - actually, enough members to conduct a meeting. The kitchen and wait staff were great. The atmosphere sure was like a "Saloon." We're considering going back for dinner, drinks at the bar, line dancing and game tables (line dancing might be a spectator sport for us ).

Our April meeting is now the official date of our annual Auction. Items were brought from homes and went back to homes. I do think I saw a few of those items before. Regardless, it was a lot of fun and pretty good for our Treasury. So now we have an outlet for STUFF!

Our favorite leader, Nicole, now leads us at our Mall Walking Club once a week. It's very popular and "healthy." Don't know about the "after walk" I-Hop stop though. Now the Mall Walk is on Tuesdays and on Wednesdays, two young ladies from UNH get us motivated with "white head exercises" right here at Watson. Simple stuff for us oldies, but very effective. There is no I-Hop nearby but coffee and snacks always appear at the "Break." Then the fun part. - creating masterpieces with clay or playing with iPads. Feels like déjà vu.

Spring means waiting is over. The outdoor Malls are ready for us and we're ready for them. So, off to the Merrimack Mall in May for some Malling and of course, lunch. We'll be strolling through Fuller Gardens once the flowers wake up, probably in June or July. Another happy spot is the Butterfly Place in Massachusetts. We'll mingle among the fluttering beauties in June or July.

A new tradition has been born out of winter-time boredom. We continue to spontaneously meet at Telly's for lunch about once a month, where the menu includes friendship, laughter and a little bit of gossip.

The Epping Historical Society will host our May meeting. The members will be amazed to see what

is in store for them. A hidden treasure sits right beside our little Park. Everyone should explore our fascinating history as it's displayed beautifully throughout the building and waits to be enjoyed. It will be fun to report back in the next issue about their reactions.

June brings back another tradition (just noticed, we have lots of "traditions"). Is it old age? Anyway, our summer begins with the Beach Picnic at Kingston State Park. We try to hit the parking lot before the big yellow buses but that's not always the case. No fret though. It's kind of fun to interact with the kids. We've concluded they think their grandparents were invited to their picnic! That works with us.

July is usually stay-at-home for us as the Recreation kids take over the Academy. However, we will have a meeting at the Fire Department where the Chief and staff will educate us on the topic of "Opioids" in Epping. This is a topic we are ignorant about and really want to learn more.

Plans are coming together to celebrate our 20<sup>th</sup> year this summer. The age span among our members is from 63 to 93. YES- 93 who is one of our original members. Amazing! We started with seven members. Now I count 32. Nice steady growth. Home has always been here at Watson Academy.

I got a tip from a former telemarketer and here it is. After answering the phone the first time and you know it is a telemarketer, press the # key repeatedly until you get a busy signal or a "sorry, hang up and dial again" message. This tells them you are a fax machine and will kick your number out of their system and they will not call you again. I'm going to try it and hope it works.

Remember - don't look back cause we're not going that way.

*Irene R. Cote, Secretary*

## **News From the Town**

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

### **Some Town Dates**

**May 27<sup>th</sup> – Memorial Day –Town Hall closed**

**May 27<sup>th</sup> – Memorial Day Parade**

### **Memorial Day Parade on May 27<sup>th</sup>**

Parade line up is at 9:30 am at the American Legion Post 51 and the parade steps off at 10:00 am. All Town organizations are welcome to take

part, especially veterans. After the parade everyone is welcome back to the Legion for hot dogs, hamburgers, water and chips.

## **In and Around Epping**

Bluebird storage is hoping to open in May. The Planning Board has been reviewing a large solar project that will be going on the big open field behind Walmart and Lowes. They also reviewed a 14-lot subdivision off Pleasant Street across from Ledgewood Lane and the Catholic Church and a potential asphalt plant on Shirking Road. Glass Pro (the grey and blue building on Exeter Road) is moving right along and should be opening soon. Kennebunk Savings (the old Cumberland Farms site) will hopefully be breaking ground this fall.

*Submitted by Brittany Howard*

## **Cell Phones for Our Troops Donate your old cell phone.**

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## **The Pease Greeters Need Our Help!**

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks.

They also send Christmas stockings to our Troops overseas. The Pease Greeters care package team recently completed the momentous task of stuffing 2,480 Christmas stockings with goodie bags and holiday cards to send to active military overseas.

Throughout the year, the greeters seek donations of toiletries, individually packed food items and "fun stuff" like small toys. There are donation sites throughout Portsmouth, Dover, Hampton, Greenland and Concord. Please contact

[peasegreatercarepackages@gmail.com](mailto:peasegreatercarepackages@gmail.com) for further information about the care package program.

The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).



## Epping Lions Club

**"We Serve"**

**We Want YOU to Join the Epping Lions Club**

<https://www.facebook.com/EppingsLionsClub>

The Epping Lions Club was established in April 2009. We support sight programs and services including vision screenings and eyeglass recycling, and we provide assistance to local families in need of eyeglasses. We support community programs, as well as participate and sponsor some exciting events, such as the just completed Lamprey River Canoe Race, the Highnote Festival and our annual Gas Card raffle. The raffle is a fundraiser that goes towards providing gift cards for Christmas to many deserving Epping families.

We are looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website at: [www.epping.nh.lions.org](http://www.epping.nh.lions.org). Meeting times are posted and are generally the 4<sup>th</sup> Tuesday of the month at 6:30 pm. With your involvement and ideas we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like. We'd love to see you!

**Deb Brooks, President**

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

**Cheryl Denoncour, Treasurer**

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Colleen Palmer, Secretary**

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

## Epping Historical Society

Have you noticed the green lawns, and the leaves beginning to obstruct the view of the sky? It **MUST** be spring!! We have been patient, but warm weather reminds us to plant our gardens. Whether you plant a vegetable garden (for your tummy) or, like me, plant flowers for your soul, we are ready.

I cannot thank our volunteers enough for the work they accomplish. It takes many hands to organize and archive our collections. The volunteers know where most everything is located, and they are a great help when visitors arrive. We have had several visitors lately, a couple from the midwest stopped by, looking for their ancestors, also long time Epping residents may just stop in for a chat (this gives us an opportunity to "pick their brains" about Epping).

As the weather improves, new residents to Epping stop by, looking for information on their old home, and the people that lived there previously. This is always a challenge, but with our old maps, deeds and genealogies, we can give them some information, but we also can send them in the right direction to further research their homes. The thrill is in the hunt!

Memorial Day is coming, and the Society will be open to visitors. Stop by and check out our collections. As you walk up the walkway, look down and see the many memorial bricks there. This is a great way to pay respect to our loved ones. The bricks are \$50.00, with three lines of letters and spaces. We have applications available.

## Railroads in Epping

At one time Epping had two very busy rail lines. One was the Concord and Portsmouth line, the other the Worcester, Nashua and Portland line.

The Concord and Portsmouth line was the first to come to Epping. This line was later operated by the Boston & Maine railroad. Freight trains came down from Concord and Manchester, to deliver and pick up freight. Epping was the end of the line until the middle of the 1850's. There was a train turntable located at the station. Engines were turned and they headed back from whence they came. Remnants of the turntable are still there, although you have to do some exploring through the woods to locate the remains.

When the railroad expanded to Portsmouth, it became a very active line, hauling freight and passengers for many years. When the Portsmouth



connection was completed, it was a time of celebration. Many people came from Portsmouth and all stops between to attend a dance on the upper floor of the former Ezekiel Brown's home on Exeter road. Imagine being able to travel from Portsmouth to Manchester and back, in one day! Men could conduct their business in less time, but the ladies were able to shop in our largest city. Ladies could keep up with the latest fashions, and then as now, the latest attire was important to all ladies.

The station in East Epping (Hedding) was established primarily for the accommodations of the patrons of Hedding Camp Ground. In 1881, a spur track was added on the line, just for the Hedding patrons.

The Boston & Maine Railroad operated until 1956. Many trains full of troops passed through Epping during WW II. In 1916, the Buffalo Bill Wild West Show made a stop in Epping on the way to Manchester to perform. It must have been an exciting day for the children in the area. Imagine seeing "Cowboys & Indians" all dressed up in their native dress. These performers got off the train to patronize the nearby grocery store. Shortly before the B&M Railroad went out of business, the "beer" trains were parked at the Epping depot overnight. These trains were unloading at Portsmouth, but the beer trains were targets for thieves at night, so the trains were backed up to Epping overnight, and in the morning continued to Portsmouth.

In 1874, the Worcester, Nashua and Portland Railroad was constructed. This line crossed South Main Street. When in full operation, this cross road was extremely busy. In the Railroad's heyday in Epping, up to 60 trains passed through Epping every day. The rail line was closed in 1934, due to lack of business. The WN&P continued to operate from Epping to Fremont for a few years. As you travel north on Route 125 in Epping, you will cross the Lamprey River. Look to your left and you will see the remaining abutments of the WN&P Railroad Bridge. The first bridge was constructed of wood, with the bottom of the bridge covered as it crossed the river. This did not last too long; and was soon replaced with an iron bridge. When the line was discontinued in 1934, the span became a place for young people to test their courage. So in 1942, the trestle bridge was torn down, and the scrap metal was added to the Epping scrap heap for the war effort. In 1950, the State of N.H. constructed Route 125, from Epping to Rochester

on the old railroad bed. When you travel this road, you will notice how straight the road is, very gentle curves, for easy passage of the large trains.

Epping had three Railroad stations. The largest was in Epping where there was a baggage shed and a milk shed (later moved to become Fecteau's Market). West Epping was busy; they were the main supply of wood for the trains along the route. Trains eventually changed to coal and then diesel became the most efficient fuel for operating. East Epping was the smallest station, providing the farmers with a means to ship their goods to market.

Over the years of operation there were many accidents and fires. Several fields and barns were burned due to the sparks from the locomotives. Several people were killed or injured at train crossings.

After cars and trucks became popular, people used the rails less and less. Trucks delivered right to their customers, passengers had the freedom to use their cars at their convenience, not tied to a train schedule.

Come visit us at the Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call 679-2944 for an appointment or email me at: [joysgarden@hotmail.com](mailto:joysgarden@hotmail.com).

References:

Don Sanborn's research  
Buster Sanborn's papers  
Tilton's History of Epping  
Epping Historical Society

*Submitted by Joy True, curator, Epping Historical Society*

## Nature Talks

### Trails

Your Conservation Commission is working on trails. You might recall we opened about 4 miles of mountain biking/walking trails last fall at Folsom Conservation Area (connects to the Rail Trail off Joshua Lane on the west side of town). Todd Hathaway led that effort and close to 30 riders/workers showed up to help. Todd is planning another work day for trail maintenance and clearing 2 more miles of trails. The work will be with hand tools, such as rakes, shovels and hoes, along with some pruning and saw work on downed trees and limbs. The best news is there will be a ride following the work!

So, mark your calendars: **Sunday, May 19<sup>th</sup>**, 2:00 pm, at Folsom Conservation Area. It's a

wonderful way to give back to your community. Questions? Drop a note in our box at Town Hall or send us an email: to [EppingOutdoors@gmail.com](mailto:EppingOutdoors@gmail.com).

We're looking for more volunteers to help clear trails at Robert Friend Low Park; let us know if you're interested!

*If you are interested in helping in any way, please send a note to [EppingOutdoors@gmail.com](mailto:EppingOutdoors@gmail.com) or drop a note in our box at Town Hall.*

## Photo Contest

If you haven't already done so, it's time to get out your cameras and start shooting! The Entry Period is **June 1 – August 6**. The public will choose the winner and that photo will be framed and hung in the Library.

*Submitted by Sandy Goodspeed*

## The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg  
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email

[cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

### **This is the upcoming CWRT-NH schedule:**

We are currently booking 2019 meetings. If you know someone, or would like to offer a talk to our group, please email: [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**May 17, 2019** – Gary Morgan (writer) - "Andersonville Raiders" (new book in 2020)

**June 14, 2019** – (note: this is 2<sup>nd</sup> Friday)~ Wayne Motts, (C.E.O. National Civil War Museum) - "Wearing Blue and Gray: Five Men Who Served Both Sides" (learn the unique story of five different men who actually fought on both sides during the American Civil War)

**July & August** ~ no meetings - summer break

## Lamprey Rivers Advisory Committee Rivers for Change Comes to NH

The Lamprey River community is fortunate to have been chosen as a focus river this year by the non-profit group, Rivers for Change. The mission of the organization is to connect people to rivers through Source to Sea adventures. They envision a world where people and communities are active stewards of river systems with a holistic understanding of their interconnectedness and interdependence. They accomplish their goal using three core strategies:

1. Connecting People to People
  - a. fostering community dialogue about rivers
  - b. cultivating relationships and networks
  - c. acting as a conduit between geographically separate communities and organizations
2. Connecting People to Rivers
  - a. actively engaging people in their backyard river
  - b. building people's understanding of a river from its source to the sea
  - c. telling a river's story from source to sea
3. Connecting Rivers
  - a. building relationships between communities and organizations in different watersheds
  - b. creating a visual representation of the interconnectedness of rivers

In May, a small group of experienced paddlers will go Source to Sea, starting in Northwood and ending in Newmarket. Along the way, they will document what they encounter: flow, obstacles,



developed vs. natural surroundings, wildlife, scenic views, erosion of river banks, etc.

From July 8-12, they will engage local middle school Student Ambassadors in five days of paddling and experiential learning. Participants will become proficient in paddling kayaks, canoes, and standup paddleboards while learning proper technique, safety, and leadership.

On July 13, citizens are invited to help with a morning river clean-up in Newmarket using canoes and kayaks. That afternoon, the project leaders will offer a guided public paddle from Schoppmeyer Park in Newmarket to Packers Falls in Durham and back.

Scholarships and boat rental discounts are available to encourage maximum participation. There are also opportunities for partners, sponsors, supporters, and volunteers. Show your support for the Lamprey River by getting involved with this program!

For more information, please visit <http://www.riversforchange.org/lampreyriver/>.

## Herring Aid



Join the folks from NH Fish and Game and the Lamprey Rivers Advisory Committee on **Saturday, May 11<sup>th</sup>**, from 10:00 to 12:00 as they help river herring returning from the sea to get back into the Lamprey River at the Macallen Dam in Newmarket. Participants might also view see-through baby American eels and prehistoric sea lampreys!

This rain-or-shine event is free and registration is not required. Park in the public lot behind the Newmarket Public Library on Route 108. Follow the fish signs to the event.

This event is sponsored by NH Fish and Game.

## Worm Date Night

It was a dark and cloudy night, about 70°. In the backyard, shiny, slender brown bodies were everywhere, most darting back into the soil as I walked. Some, however, were getting very neighborly and were sharing far more than idle gossip. I don't normally think of my backyard as a hot spot on a Friday night, but that night was all about stirring the night crawler gene pool.

This is a family-friendly newsletter and not everyone will enjoy the intimate details, but for those who are curious, the Cooperative Extension in Illinois has a great website in plain English that explains all sorts of interesting worm stuff. <https://extension.illinois.edu/worms/>. If you get the chance, step outside to your own backyard at night with a flashlight and perhaps you, too, can witness the spectacle of worm date night.



If we conjugate the verb "to love," we get I love, you love, he loves, she loves, we love, they love; and those night crawlers were doing it all. There is no telling who is he or she; it doesn't matter. For worms, it's both and neither at the same time. Maybe that is why worm reproduction is called "conjugation."

## Signs of Spring on Route 87

The annual Lamprey River Canoe race has come and gone, but changes are afoot at the Route 87 crossing. In the very near future, the canoe access will be well marked from the road with a new sign and sign frame. In the parking area, a brand new, freshly designed kiosk panel will be installed, replacing the old, flood-damaged panel. Once the spring waters subside, the flood plain trail will have new signposts marking items of interest

and the wettest areas will have slightly elevated walkways.

## Public Canoe Access



- Check equipment for invasive species before launching.
- Wear an approved personal flotation device.
- Respect wildlife and abutting landowners.
- Leave no trace of your visit.





Good things are happening in your town! Please thank the members of the Epping Conservation Commission for their vision to improve the park and their diligence in pursuing a grant from the Lamprey Rivers Advisory Committee. We were pleased to be supporter and partner of this worthwhile project.



*Helping communities protect the  
Lamprey River.  
Submitted by Suzanne Petersen*

## Epping Garden Club



The Epping Garden Club would love to thank all of you for shopping for your pansies with us!

Enjoy the pansies downtown and maybe this year our bench will be installed. The Police, Fire, Library, Town Hall and the Historical Society have all received these plants and they've also been planted in three intersections in Epping.

We had 150 bowls delivered for \$30 and with our sales we were able to add the color to town and still make \$200. Many thanks to the Wentworth Greenhouses for their support of our tiny garden club!

We are trying to get a pallet of bagged bark mulch delivered to us so we can finish the corners

before Memorial Day. Our cars are too small to pull that off.

Do you want to shop with us for your annuals? We have to bring ours to town so please let us know if you are interested.

Epping Garden Club

Phone: 300-0064

[eppinggardenclub@gmail.com](mailto:eppinggardenclub@gmail.com)

Follow Us on Facebook

*Submitted by Eunice Miller*



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, May 6, 20;

June 3, 17 - 7 pm

Water & Sewer – Tuesday, May 7; June 4 - 7 pm

Library – Tuesday, May 21; June 18 - 7 pm

Conservation Commission – Tuesday, May 7;

June 4 - 7 pm

Parks & Recreation – Wednesday, May 1; June 5

- 7 pm

School Board – Thursday, May 2, 16; June 6, 20

- 7 pm

Planning Board – Thursday, May 9; June 13 - 6 pm

Civil War Round Table – Friday, May 17; June 21

- 7:15 pm

### Monday meetings are rebroadcast:

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

### Tuesday meetings are rebroadcast:

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

### Wednesday meetings are rebroadcast:

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

### Thursday meetings are rebroadcast:

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board, Channel 22 or the Town website for any changes or



updates.

Please note the new website for ETV: [etv22.viebit.com](http://etv22.viebit.com). This is where you will find past meetings. You will also find live video streaming.

The ETV email remains the same: [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com).



## Scouting Around Epping Cub Scout Crossover Ceremony

Cub Scout Pack 136, chartered to the Epping Community Church, on April 17<sup>th</sup> held a crossover ceremony to bridge the 5<sup>th</sup> grade Webelos Den known as the Dab Cat patrol, into Scouts BSA Troop 136.



*Kneeling David Costello, Hunter Raymond, Aidan Havenstein. Standing Emile Tessier, Matthew Falkingham, Andrew McNamara, Den Leader David McNamara, Brett Hynds, and Alex Walton.*

## Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

## Boy Scout Troop 136



*Boy Scouts at Camp Straw*

Troop 136 of Epping is very active and has several campouts in its near future, as well as a fundraiser and other activities. In April, they focused on their Geocaching Merit Badge. On April 29<sup>th</sup> they split up as a Troop to look for Geocaches in the Fremont area. This required them to do a little hiking, using the Geocache app, and a little bit of seek and find of treasures.

The Troop will have the opportunity to do learning and training in Rifle Shooting. The estimated date is **May 25<sup>th</sup>**; the location is still to be determined.

In May the Scouts will be holding a recycling fundraiser on **Saturday, May 11<sup>th</sup>** at the American Legion in Epping off Route 125, from 9 am to 2 pm. It's a great way to help Epping neighbors recycle their unwanted items while supporting the Troop.

On **Monday, May 20<sup>th</sup>**, the Troop will help place American flags on veterans' graves at several of the Epping cemeteries to honor veterans for

Memorial Day. The Troop will also be marching in the Epping Memorial Day Parade.

Their big campout for May is Battleship Cove and takes place the weekend of **May 31<sup>st</sup>**. The Battleship Cove is located in Massachusetts and they get to sleep on the battleship,

In June the Boys prep to end the Season for Scouts. They will also be preparing for Summer Camp at Hidden Valley in Gilmanton, NH, occurring the first week of August.

*Submitted by Jennifer Sullivan.*

## **Rockingham County 4-H News**

### **2019 Rockingham County 4-H Cucumber Pickle Challenge Kick-off**

Learn how to grow cucumbers and make pickles! At the Kick-off, pick up cucumber seeds, growing information, marking stakes and patio pots. A Master Gardner will be available for instruction and questions. The pickle making session is September 7<sup>th</sup>; all supplies for the pickling party will be available. Then bring your pickles to the Deerfield Fair! If you cannot make it to the May 6<sup>th</sup> kickoff event, please call the office. Cost: Free  
*Deadline May 3, 2019.*

### **Rockingham County 4-H Circuit Horse Show - May 2019**

Date: Sunday May 5<sup>th</sup>

Location: Shannon Trails  
208 Shannon Road  
Salem, NH 03079

4-H members and non-members are welcome to join in the show. Hosted by Nutfield Hunt Club 4-H and Rockingham Riders 4-H Club.

### **Rockingham County 4-H Circuit Horse Show - June 2019**

Date: Sunday June 2<sup>nd</sup>

Location: Shannon Trails  
208 Shannon Road  
Salem, NH 03079

4-H members and non-members are welcome to join in the show. Hosted by the Rockingham Horse Leaders Association.

### **2019 Rockingham County 4-H Horse Qualifying Show - June 2019**

Date: Saturday June 29<sup>th</sup> to Sunday June 30<sup>th</sup>

Location: Deerfield Fairgrounds

34 Stage Road  
Deerfield, NH 03037

Annually the Rockingham County Horse Leaders Association hosts the 4-H Horse qualifying show for Rockingham County. This show is the qualifying event for both riders and stable managers wishing to attend the New Hampshire State 4-H Horse Show. This show challenges 4-H members in their riding, horse knowledge, communication and safety skills.

4-H members wishing to participate must register through the 4HOnline portal and confirm with your club leader about your readiness to participate.



## **Epping Fire Department**

### Welcome and Safety Tips

Hello Everyone! Spring is finally here and everything is turning green. Now is a good time for spring cleaning, Not only for yards but for accumulated stuff in the house and garage. I too have clutter I need to sort out and haul to the dump. What are the dump hours again? Anyways. Since we've sprung ahead, hopefully everyone changed the batteries in their smoke and Carbon monoxide detectors. There are detectors that last 10 years without replacing the batteries. Smoke detectors should be replaced every ten years as well. Practice evacuating the residence and have 2 ways out of house. Set up a meeting place such as a mailbox or tree. It's always cheap insurance to buy a couple fire extinguishers for the house and garage. They can be picked up at any department store and come in different sizes.

I recommend an ABC dry chemical since it covers most types of fires. A simple mnemonic called "PASS" is how to properly use an extinguisher. **P**ull the pin, **A**im the nozzle at the base of the fire, **S**queeze the handle and **S**weep. Always have your back to a door to escape if you can't put out the fire and **ALWAYS** call the Fire Department even if you've put out the fire. It's a state law that fires have to be reported and you never know if the fire has traveled. You can call the Fire Department to set up a time or class on how to use an extinguisher. We also do CPR classes. You can call the station if you would like a home inspection to see if you have enough detectors and other safety tips.

The Fire Department had been busy so far this year and a couple calls were difficult in nature due to hoarding conditions. Hoarding is a mental illness and doesn't only create a problem for home owners, but for also for the first responders. It can trap occupants in the building and increases a fire load which in return increases the intensity of the heat and fire. A woman in Eliot, Maine died last year when she couldn't get out of her home due to floor to ceiling clutter. It also risks firefighters trying to get into the house to save people. A medical aid the other night was difficult, not only to enter the residence but also to get the patient out due to clutter.

Summer time is the best time for Bar-B-Q. Grills should be set on a level ground and not next to a residence. There is a State Law that you **CAN NOT** grill on a deck or porch on a multi-family complex such as a condo or apartment building. Proper use of a grill is important to avoid injury and fires. Use an updated propane tank with a safety valve for the grill. Always shut the gas off when you're done with the grill and wait until it cools off before putting it back into the shed or garage. Always keep children and pets away from the grill.

#### Fire Department Operations

The size of a town or city and its population decides what is required for apparatus in its Fire Department. Epping has a variety of combinations of vehicles. The three engines that protect the town are set up for different purposes. Both engines 1 and 2 are set up as attack or Initial Response trucks. Both are also set up for auto extrication and basic rescue and both also carry basic medical kits. Engine 3 is a Pumper with 3000 gallons of water, so it's also used as a tanker truck. All can be called on for mutual aid to assist other towns. Engine 1 goes if it's an auto accident since it has the latest extrication set, unless they call for a tanker, when Engine 3 responds. Mutual aid is critical since there is a rule that is called two in, two out. For initial response, if you have two people inside, you need two people outside to potentially rescue them. It takes approximately 26 people to fight a ranch style house. We only have three people on during the day, that's why we use Mutual aid. Only the big cities have the proper staffing for small fires. So Mutual aid is like an "I scratch your back, you scratch mine" type of deal to save the towns some money and increase safety as well as man power for all.

A firefighter in Berwick, Maine died in a house fire last month. It is a sad reminder about how dangerous our job is and how quickly things can turn on a fire scene. Captain Joel Barnes and another firefighter were trapped inside and Captain Barnes shielded the other firefighter, sacrificing himself to save his colleague. Many other firefighters were also transported that day due to the situation. When a firefighter becomes trapped, a MAYDAY is sent out and a Rapid Intervention Team is deployed. Nothing is ever as rapid as it seems and it may take many other "RIT" teams to save a downed firefighter. It is protocol to strike additional alarms such as a 3<sup>rd</sup>, 4<sup>th</sup> or 5<sup>th</sup> alarm to get the manpower needed for the rescue and firefighting efforts.

Epping Firefighters have been trained in self-rescue as well as RIT operations in case we have to go in to rescue our own. The Fire Department uses what are called "Run Cards" which list area towns with alarms from a 1<sup>st</sup> to a 5<sup>th</sup> alarm. Durham and Exeter are on our run cards and are specialized RIT teams for us and other local Departments that must be at all working fires.

Thanks for reading my post. I will speak about safety tips and operations, etc. next time.

Burn permits are now required for all outside burning. You can swing by the station or get one online at [www.nhdfi.org](http://www.nhdfi.org). No permits are issued for Class 3 Fire Danger days or higher. There might be a fee for the online permit.

*Lieutenant Paul St Cyr*

*Fire Prevention Officer and 9-11 Liaison.*

#### **Burn Permits**

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446.

For Daily Fire Danger and an explanation of the different danger levels, please follow the link <http://www.nhdfi.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

#### **Friends of the Epping Fire & Brick Museum**

We have taken a break during the colder weeks of winter but now back to work. One fundraiser we have is our T-shirt sale. T-shirts will cost \$18.00 for sizes small to xlarge, sizes XX or XXX will be \$20.00. Cash or check.





If you would like to buy a shirt or want more information, please contact Cliff Cray at [deacon100@comcast.net](mailto:deacon100@comcast.net) or 396 9436.

*Submitted by Cliff Cray*

## Epping Explorer Posts

### Fire Department Explorer Post 136

The Explorers are holding a fundraiser selling adventure cards. These cards cost \$5.00 and have discounts for Tire Warehouse, Subway, Canobie Lake Park, Dick's Sporting Goods and many others. To get yours, call Tim at 679-5446 or Cliff at 396-9436.

The Explorers have had a complete rundown of all the equipment in our ambulances and how it is used. Part of the training on the Fire Service is knowing what every tool is called and what it is used for. This way, at an event they can get the right tool when a firefighter asks for it and not question why the firefighter may want it. In the near future we will be doing some field trips to learn more about the Fire and EMS careers.

### Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

## American Legion News

### 9<sup>th</sup> Annual Car & Motorcycle Show

On **Saturday, May 18<sup>th</sup>**, the Sons of the American Legion (SAL) Squadron 51 is hosting the 9<sup>th</sup> Annual Car and Motorcycle Show at the American Legion Post 51 on Route 125 in Epping. Proceeds will benefit Epping Project Graduation Class of 2020. Gates open at 8:00 am. The show is from 9:00 am to 1:00 pm. There is No Entry Fee; however, donations will gladly be accepted. Come show your car – 1978 or older! For these antique cars, there will be First Place and Second Place Award Categories. There also will be a People's Choice Award for any year car. Come show your motorcycle – 1978 or older! For these antique motorcycles, there will be a People's Choice award. Also, there will be a Custom People's Choice Award for any year motorcycle. There will be raffles and a 50/50. Food and Refreshments will be for sale during the event. This event will be held in the parking lot of the American Legion on Route 125 in Epping (across from Telly's Restaurant). The rain date is Sunday, May 19<sup>th</sup>. For more information, please call Rob Hoffman at 944-5485.

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, May 12<sup>th</sup>** and **Sunday, June 9<sup>th</sup>** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free – worth every penny!

### Epping Community Church

We have lots of things going on at the Epping Community Church. Our Sunday service is at 9:30 am in the sanctuary upstairs. We are handicapped accessible including a wheelchair ramp on the side of the building and a elevator to the 2<sup>nd</sup> floor. Every week there are different offerings that may include our chancel choir, bell choir and praise band. We are so blessed with many talented musicians! Sunday School is at 11:00 am. There is a prayer group and Bible study that meets every Thursday from 9:30-11:00 am. Everyone is welcome to attend and then join us at the Soup Café after.



On **Saturday, May 4<sup>th</sup>** we will have our annual Food Pantry benefit breakfast in memory of our dear friend Linda Gauthier. We'll have eggs, bacon, sausage, pancakes, fruit salad and homemade muffins or breads. Admission is a donation of food or money for our Food Pantry. The breakfast will be from 8:00-10:00 am.

Our 3<sup>rd</sup> Saturday dinner will be **May 18<sup>th</sup>** from 5:00-6:30 pm. This will be a turkey dinner with all the fixings. If you want to take your dinner home we can package it up for you. The dinners are \$10.00 for adults and \$5.00 for children.

During the Memorial Day parade our Ladies Aide will once again have a table set up on the church grounds. You can get coffee, water, sodas and lots of homemade baked goods. Come on over and see us while you enjoy the parade.

June will once again be a very busy month for us. On **Saturday June 15<sup>th</sup>** we will be hosting a breakfast at the church for the graduating seniors at the end of their Project Graduation adventure. The graduates show up by bus around 5:30 am and enjoy a home cooked breakfast before they head home to catch up on sleep after a busy chemical free evening provided by parents and friends of the graduates.

In lieu of a 3<sup>rd</sup> Saturday dinner in June there may be a special burger or taco night that Pastor Paul will be hosting. Look for more information to come on this.

Our Food Pantry is open on Saturday from 8-10 am. Entry is through the side door off the driveway. We also continue to have our Soup of the Day Café every Thursday from 11-12:30. This is a free lunch open to all in the community.

Meals on Wheels is located at our facility. They provide a wonderful meal for seniors to enjoy every day at the church or in their homes. Their recent Birthday Bash was amazing and included four decades of seniors from 60 to 90 plus! They really do a great job providing fun and food! Call them at 679-1609 to get more information.

## **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)  
Epping, NH 03042  
Office telephone: 679-8805

### **Mass schedule weekdays:**

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am  
**Wed.** 7:00 pm

### **Mass schedule weekends:**

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information

## **Annual Kids Fishing Derby**

The Knights of Columbus with St. Joseph Church will be holding our Annual Kids Fishing Derby on **Saturday, May 4<sup>th</sup>**. The Derby will be held at the Conservation Pond on Towle Road from 8:00 to 10:00 am. The Derby is open to all children 12 years old and younger. No artificial bait or lures will be allowed, so worms will be provided to make it fair for everyone. All children must be accompanied by an adult, but the adult does not need a NH Fishing License. We will have help there for adults who do not know how to fish and need some help.

There will be trophies and prizes awarded at the end of the Derby. No preregistration required. I can be contacted for more information or questions at 496-2697.

*Submitted by Tim Acerno*

## **Epping Bible Church**

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Evening services are the last Sunday of the month and begin at 5:00 pm.

Families are welcome. The Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

The Awana program for children age 3 through sixth grade began again in September. The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

Epping Bible Church is located at 243 Pleasant Street. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at [PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at [www.eppingbible.org](http://www.eppingbible.org).

## Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

### Weekly Schedule

Sunday Morning Service at 10:30 am.

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you).

Wednesday Time of Devotion and Prayer begins at 6:30 pm.

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sunday – 12 noon - 4**

**Closed: May 27<sup>th</sup> – Memorial Day**

## Museum Passes Available at Your Library

Your library has more to offer than just books and movies! You can get free or reduced admission to local museums including the Museum of Fine Arts in Boston, the New England Aquarium, Strawberry Banke in Portsmouth, Children's Museum in Dover, Seacoast Science Center in Rye, the Currier Museum of Art and the McAuliffe-Shepard Discovery Center.

Call ahead or come in to the library to get a pass for your next museum visit.

## Upcoming Events at the Library

The Library is excited about the planned new addition to be built this summer! Beginning **Wednesday, May 1<sup>st</sup>**, the Library will be closed for about three weeks while we move operations into the Epping Community Church (4 Pleasant Street), where we'll be located until the library addition is finished this autumn. We hope to open at the church on **Wednesday, May 22<sup>nd</sup>**, where we'll continue to run our regular and special programs and have our most popular books and DVD's available, plus be adding new materials.

The **Friends of the Library** will meet **Monday, May 6<sup>th</sup>** at 7 pm.

The next **Great Gardens session** will be **Wednesday, May 8<sup>th</sup>** at 6:30 pm, at the Harvey-Mitchell Library, despite the move. Patty Laughlin of Lorax Landscaping continues to present helpful information for local gardeners with her program, "Invasive Plants, Part I."

For those who have signed up for the **Zentangle Class** on **Wednesday, May 15<sup>th</sup>** at 6:00 pm, please note the class will take place at the Epping Community Church.

The **Dusty Olde Mystery Book Group** will meet to discuss "*Full Dark House*" by Christopher Fowler on **Wednesday, May 21<sup>st</sup>** at 7 pm.

The Library will be closed for Memorial Day on **Monday, May 27<sup>th</sup>**.

**The Contemporary Book Group** will meet to discuss "*Mrs. Sinclair's Suitcase*" by Louise Walters on **Wednesday, May 28<sup>th</sup>** at 7 pm.

The **Friends of the Library** will meet **Monday, June 3<sup>rd</sup>** at 7 pm.

Have some familiarity with guitar and are interested in learning some basic finger picking techniques? David B. Holmes will be teaching a two-part **Beginning Fingerstyle Guitar Workshop** that covers various styles, including clawhammer and Travis picking, as well as other practical tips. This workshop is perfect for an adult or teen who can bring an acoustic guitar and is able to play at least a few chords. Each session will be 90 minutes long; attendance of the first session is required to participate in the second. The workshops will be **Tuesday evenings on June 4<sup>th</sup> and 11<sup>th</sup>**, beginning at 6 pm. Registration is required as space will be limited

**Great Gardens session**, "Invasive Plants, Part II" will be on **Saturday, June 8<sup>th</sup>** from 10 am - 12 pm. This field session will take place at a location TBA.

**The Dusty Olde Mystery Book Group** will meet to discuss "*Mrs. Pollifax Unveiled*" by Dorothy Gilman on **Tuesday, June 18<sup>th</sup>** at 7 pm.

**The Contemporary Book Group** will meet on **Wednesday, June 25<sup>th</sup>** at 7 pm.

The **Library's Summer Reading Program** begins on **Tuesday, June 25<sup>th</sup>**! At 11:00 am, we'll kick off the popular kids' program with an outer-space themed concert by Diane and Bob Kordas, accompanied by some of Diane's wonderful handmade puppets. Diane presents music with lots of audience participation, using a variety of instruments for all to discover musical fun in the Library – everyone can play along and sing along! Diane has been performing music for children and families since 1992 and puppet shows since 1998. Her classic and original stories with puppets, music, humor and audience participation are enjoyed by children and families at libraries, schools, outdoor events, parties, daycares and preschools throughout New England.

On **Friday, June 28<sup>th</sup>** at 11:00 am, **have fun learning about and exploring our local river!** Suzanne Petersen from the Lamprey Rivers Advisory Committee will share all sorts of interesting facts about the river, using games and real samples of aquatic insects and animals that live there. If the weather is nice, we'll take a walk down to the river access by the library and see what we can find ourselves! Please be sure children and adults wear sneakers or closed-toe sandals.

All events are free and open to the public. Contact us with any questions at 603-734-4587 or at [harvmitch@gmail.com](mailto:harvmitch@gmail.com). Look for more upcoming events on Instagram @hmmmlibrary and at <http://www.facebook.com/eppinglibrary>.

## **From the Friends of the Library "Center of the Universe Chili & Beer Fest"**

(Still working out the event name)

When: November 9, 2019

Where: New England Dragway

Time: 12:00 - 3:00 pm

The Friends of the Library group are looking for local people who make a killer chili as well as any local nonprofit groups, churches, police and fire departments and yes our Scouts. Holy Grail, Popovers, Ryan's Place, Roselynn, Telly's, etc. to step up and enter a chilli or help in any other way to make our upcoming event a huge success!

Greg and Jane's will bring the libations and local brewers to the beer tent.

There will be wristbands and a price for the beer and chili tasters, 21 years or older, as well as a discounted price for children and designated drivers. If you don't drink, there will be a price to just come in and vote.

There will be prizes for People's Choice in a couple of categories.

We would love to have a group of local musicians contact us if you can donate your time and maybe come together for a jam session – we love your music!

We need our big businesses here in town like Lowe's, Walmart, Market Basket, Hurlbert Toyota, Epping Health, Bluebird Storage and on and on to donate goods like beer tasting glasses, chili tasting cups, spoons, posters, banners etc. Write a generous check and we will do all the hard work.

We know that your life is busy with work and family, but Scarecrow Contests, Parades, Dances, 5K Races, Canoe races, Highnote, Rodeos and now a Chili and Beer Festival here in our own town, do a lot to build a caring community. There is enough hate and bullying in this world so let's work hard to have some fun here and get to really know each other. Many were born here, but even more moved here because we love the town.

We still need people to pull this event together so please contact the library or call Eunice Miller at 300-0064 to give your name and contact information.

We are looking to have our local community events, including those that we sponsor, bring you all out for some fun. TOGETHER!

Our library is a very busy place, offering spaces to meet, learn and work in and with our addition getting even closer we want to offer a beautiful space for our residents to enjoy even more. The money for the addition is for just that. With this fundraiser we hope to do our part, with your support.

## **Epping Parks & Recreation**

*Home of the "River Otters"*

Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 679-3006

or email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

Address:

17 Academy Street

Epping, NH 03042

Mailing address:

157 Main Street

Epping, NH 03042

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or call Watson Academy: 679-3006 or Program Cell Phone: 608-9016 or 608-9076.

For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

## **Preschool Programs**

### **Preschool Sports**



Our Pre- School Sports Program is a fun way to help your little ones start to develop listening skills, team work, and the basic rules of soccer and t- ball. We split them into two groups and rotate through soccer skills and drills and then t-ball practice. The kids will practice ball control, shooting, and the basic rules of soccer. In our t-ball program they will learn how to bat, run the bases, throw, and catch. At the end of our practice we do a fun parachute or large group game to promote teamwork.

#### **Soccer and T-Ball**

When: Fridays May 17<sup>th</sup> - June 7<sup>th</sup>

Time: 9:15-10:00 am

Where: SAU Field (behind town tennis and basketball court)

Cost: \$20 for 4, 45 minute classes

#### **Preschool T-Ball**

When: Tuesdays, May 14<sup>th</sup> - June 4<sup>th</sup>

Time: 5:30-6:15 pm

Where: EES Field

Cost: \$20 for 4, 45 minute classes

## **Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

## **Youth Programs**

### **Summer Camps**

There will be 2 Summer Camp Programs again this year!

River Otters Summer Camp for kids going into Grades 1-4

Bobcats Summer Camp for kids going into Grades 5-8



The 6-week program starts on Monday July 8<sup>th</sup> and ends on Friday August 16<sup>th</sup>. See Camp Brochure and Parent Handbook for more info!

Camp Registration opens on Town Voting Day (March 12, 2019). The Recreation Dept. will have a table to pick up information on programs and summer camp!

Please mail registration to 157 Main Street! The 1st Payment is due with registration to reserve your space and registration is on a First Come basis! Registration forms are required for EACH child:

Please check our Facebook Page for Availability Updates and check out last year's brochure for information on trips!

### **Before & After School Programs**

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-5. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until 5:45 pm. Children are grouped by grades.

If your child would like to participate in the school offered programs after school or extra work with a teacher, we do have staff available to pick up the kids at the designated school dismissal areas at

the close of these programs. We ask that parents notify us, if their child will be attending one of the school programs and if they will be picking them up from these programs so we can coordinate the pick up schedule daily.

We offer No School Day, Parent/ Teacher Workshop and Vacation Week full day programs, which will have their own registration forms! Please check one month in advance of any No School Days on the school calendar or call us at 679-3006, if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times. Our Before and After School Programs run on the last day of school, but are then closed until the start of our scheduled Summer Camp programming.

### **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

#### **Karate Classes**

Mondays and Thursdays (EMS Gym) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 661-6635 or email her at [diannadenapoli84@gmail.com](mailto:diannadenapoli84@gmail.com)

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

#### **Youth Ceramics Class**

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session

#### **Youth Golf Program**

Ages: 8-14

Time: Saturdays 9:00-10:00 am

Cost: \$100 for 9 week clinic

When: June 15<sup>th</sup>- August 17<sup>th</sup> (No July 6<sup>th</sup> Class)

Where: Twin Pines Driving Range

Aug. 17<sup>th</sup> class held at Apple Hill Golf Club

Fee due at registration. Please mail to 157 Main Street or drop off at the Town Hall, payable to Town of Epping

#### **Youth Field Hockey Clinic**

Grades 2-8

Time: Wednesdays 3:15-4:30 pm

When: May 15<sup>TH</sup> - June 5<sup>th</sup>

Where: EES Field

Cost: Free

Introduction to field hockey is designed to introduce and teach the basic fundamentals of field hockey to children by emphasizing fun and physical activity. Over 4 weeks, the participants will learn stick skills, take part in drills and get an opportunity to play in mini games/scrimmages. Stick & Ball equipment provided. Mouth and shin guards required.

### **8<sup>th</sup> – 9<sup>th</sup> Grade CIT program**

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. Summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Watson Academy or the Town Hall for review. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Assistant Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

### **Adult Programs**

**Please check our Facebook page for updates, including cancellations on all programs.**

#### **Adult Basketball**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$3 per night – Please bring exact change

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

#### **Adult Ceramics Class**

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy

### **The Porch**

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

#### **Kids Club**

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

#### **Teen Central**

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes until 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

# Families First

*support for families...health care for all*

**Epping Family Morning Out:** *Fridays – starting May 3 - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories, snack and first friendships. With Patricia Keck. This group meets most Friday mornings during the school year through June 14. Meets at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2.

**Exeter Family Morning Out** *Thursdays –starting May 2 - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Advance sign-up not needed.

For other programs, please see our event calendar.

For information call 422-8208, press 2..

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for child care;** please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.

## Epping Students in the News

Congratulations to the following students:  
MCPHS University announces Dean's List for the Fall 2018 semester

**Sarah Valtin**

Norwich University announces Dean's List for the Fall 2018 semester

**Bryce Pietrini**

Northern Vermont University announces Dean's List for the Fall 2018 semester

**Kelly Begin**

The Derryfield School in Manchester announces the Honor Roll for the Winter semester

Highest Honors:

**Julia Hardy**

**Andrew LeBlanc**

Ashland University announces member of their Second Amendment Club and of the College Republicans

**Konrad Hodgman**

Emmanuel College students participated in the College's annual alternative Spring Break trip to New Orleans, Louisiana - a week-long, faith-based service trip.

**Tina Le**

Curry College is proud to announce induction into Pi Lambda Theta, one of the nation's most prestigious education honor societies

**Shaye Blanchette**



## School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: [etv22.viebit.com](http://etv22.viebit.com).

**May 2<sup>nd</sup> and 16<sup>th</sup>**

**June 6<sup>th</sup> and 20<sup>th</sup>**

## Epping Elementary School (EES)

### EES School Calendar

#### MAY

**May 6** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**May 6-10** – Teacher and Staff Appreciation week

**May 7** – Band & Chorus Field Trip to Music Hall in Portsmouth

**May 8** – **Early Release**

**May 9** – Grade 1 Field Trip to Music Hall in Portsmouth

**May 17** – 2019-20 Spring Kindergarten Orientation  
**NO SCHOOL** for current kindergarteners





## Epping Calendar of Events for May 2019

May 1	Library closed for construction of addition, moving to Epping Community Church
May 1	Providence Baptist Church Food Pantry – 10 am
May 2	Epping School Board meeting in Epping Town Hall – 7 pm
May 4	Linda Gauthier Memorial Food Pantry Benefit Breakfast – 8-10 am
May 4	Knights of Columbus Annual Kids Fishing Derby on Towle Road – 8-10 pm
May 5	Rockingham County 4-H Circuit Horse Show at Shannon Trails
May 6	4-H Cucumber Pickle Challenge Kick-off
May 6	EES PTO meeting – 7 pm
May 6	Friends of the Library – 7 pm
May 6 - 10	Teacher and Staff Appreciation Week
May 8	Providence Baptist Church Food Pantry – 10 am
<b>May 8</b>	<b>Early Release</b>
May 8	Great Gardens: Invasive Plants, Part I at the Library – 6:30 pm
May 9	Epping Watson Academy Seniors “ The Historical Society” – 1 pm
May 10 - 19	Epping Community Theater presents “Alice @ Wonderland” at the Epping Playhouse
May 11	Epping Community Church Food Pantry – 8-10 am
May 11	Herring Aid on Lamprey at Macallen Dam in Newmarket – 10 am-noon
May 11	Boy Scouts Recycling Fundraiser at American Legion – 9 am-2 pm
May 12	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
May 14- June 4	Preschool T-ball Tuesdays at EES Field – 5:30-6:45 pm
May 15	Providence Baptist Church Food Pantry – 10 am
May 15-June 5	Youth Field Hockey Clinic Wednesdays on EES Field – 3:15-4:30 pm
May 16	Epping School Board meeting in Epping Town Hall – 7 pm
May 17	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
May 17	2019-2020 Kindergarten Orientation ( <b>NO SCHOOL</b> for current kindergarteners)
May 17- June 7	Preschool Soccer and T-ball Fridays on SAU Field – 9:15- 10:00 am
May 18	Epping Community Church Food Pantry – 8-10 am
May 18	Epping Community Church Dinner – “Roast Turkey Dinner” – 5:00-6:30 pm
May 18	9 <sup>th</sup> Annual American Legion Car & Motorcycle Show – 9 am-1 pm (Rain date - 19 <sup>th</sup> )
May 19	Trail Maintenance at Folsom Conservation Area – 2 pm
May 21	Library Board of Trustees – 7 pm
May 21	Dusty Olde Mystery Book Group – 7 pm
May 22	Providence Baptist Church Food Pantry – 10 am
May 22	Library opens in Epping Community Church
May 23	EES Spring Concert Grade 3 Band and Chorus in EMS Gym – 6:30 pm
May 25	Epping Community Church Food Pantry – 8-10 am
<b>May 27</b>	<b>MEMORIAL DAY - NO SCHOOL, Town Hall and Library closed</b>
May 27	Memorial Day Parade - Line up at American Legion 9:30 am, step off at 10 am
May 28	Contemporary Book Group – 7 pm
May 28	Learning about the Lamprey River with Suzanne Petersen – 11 am
May 28	Epping Lions Club meeting – 6:30 pm
May 29	Providence Baptist Church Food Pantry – 10 am
May 31	Boy Scout Campout at Battleship Cove

## Epping Calendar of Events for June 2019

Date	Event
June 1	Epping Community Church Food Pantry – 8-10 am
June 1- <i>August 6</i>	Conservation Commission Photo Contest Entry Period
June 2	Rockingham County 4-H Circuit Horse Show at Shannon Trails
June 3	EES PTO meeting – 7 pm
June 3	Friends of the Library – 7 pm
<i>May 14-</i> June 4	Preschool T-ball Tuesdays at EES Field – 5:30-6:45 pm
June 4	High School Awards Night – 6-8 pm
June 5	Providence Baptist Church Food Pantry – 10 am
<i>May 15-</i> June 5	Youth Field Hockey Clinic Wednesdays on EES Field – 3:15-4:30 pm
June 6	Epping School Board meeting in Epping Town Hall – 7 pm
<i>May 17-</i> June 7	Preschool Soccer and T-ball Fridays on SAU Field – 9:15- 10:00 am
June 8	Epping Community Church Food Pantry – 8-10 am
June 8	Great Gardens: Invasive Plants, Part II: Field Session – 10-12 Location TBA
June 9	American Legion Post 51 Sunday breakfast – 8-11 am
June 12	Providence Baptist Church Food Pantry – 10 am
June 13	Epping Watson Academy Seniors – “Beach Picnic” – 1 pm
June 14	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
June 14	Epping High School Graduation – 6-8 pm
June 15	Epping Community Church Food Pantry – 8-10 am
June 15	Project Graduation Breakfast at Epping Community Church – 5:30 am
June 15- <i>August 17</i>	Youth Golf Program at Twin Pines Driving Range Saturdays – 9-10 am
June 18	Library Board of Trustees Meeting – 7 pm
June 18	Dusty Olde Mystery Book Group – 7 pm
June 18	EES Last Day of School for Students End of Year Celebration – 9 am
June 19	Providence Baptist Church Food Pantry – 10 am
June 20	Epping School Board meeting in Epping Town Hall – 7 pm
June 22	Epping Community Church Food Pantry – 8-10 am
June 25	Contemporary Book Group– 7 pm
June 25	Epping Lions Club meeting – 6:30 pm
<b>June 25</b>	<b>DEADLINE DATE for the July-August issue of the Newsletter</b>
June 26	Providence Baptist Church Food Pantry – 10 am
June 29	Epping Community Church Food Pantry – 8-10 am
June 29. 30	Rockingham County 4-H Circuit Horse Qualifying Show at Deerfield Fairgrounds

If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **June 25, 2019**. Please include the date, event name, location and time.